

## NTUGHARI DİKA AKURU NGWA Dİ OKE MKPA N'İKWALITE AHUIKE NA QRU UGBO

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### Umị

Ihe ọmụmu a gbadoro ụkwụ na ntughari dika akurụ ngwa dì oke mkpa n'ikwalite ahuike na ɔru ugbo. E mere nke a n'ihi na ka oge na-agà, a na-enwe ihe ɔhụrụ nakwa uzo ka mma i ji were na-eso ɔnọdụ ahuike nakwa ɔru ugbo. I ji hụ na ndị amaghị agụ maqbụ ede asusu Bekee na-erite uru dì n'ihe ɔhụrụ ndị a batara na n'ɔnọdụ ahuike na n'ɔrụugbo, o dì mkpa na e mere ntughari. Site na ya, onye ɔbụla ga-esonye nke oma maka ọdịmmma nke obodo. Nchọcha a bụ nke kwolitetiv. E si n'akwụkwọ nzisaosi na nke mkpanaka e dere na Bekee gbasara ahuike na ɔru ugbo were nweta data e ji mee nchọcha. Atutu na usoro ntughari Newmark (2001) ka a gbasoro. Ihe ọmụmu a ga-aba uru maka na igbaso ezigbo usoro were na-ezi ozi na-eme ka ozi gbasaa nke oma. O ga-emekwa ka okwu ɔhụrụ bata n'asusu Igbo nke na-eme ka asusu na-eto eto. Ihe ọmụmu a nyere ntuziaka ka e mee ụdị nchọcha a n'ebe dì iche iche maka ọdịmmma ndị anaghị agụ asusu Bekee nakwa imuba mkpụrụokwu n'asusu Igbo.

Okpurukpụ Okwu: Ntughari, Atutu Newmark, Ihe ɔhụrụ, Ozi na Asusu.

## Translation as a vital tool for proper healthcare and agricultural practices

### Abstract

This study looks at translation as a vital tool to ensure adequate dissemination of information on healthcare and agriculture. This is because, as time goes on, there are new developments in the health system and agricultural practices. To ensure that people who cannot read and understand the English with which the information is written benefit from the innovations and developments, translating from English to Igbo language becomes inevitable. By so doing, all will be carried along for the total benefit of the society. This study is a qualitative research and the data were gathered from health and agricultural posters and pamphlets which are translated into the Igbo language. Peter Newmark's (2001) theory of translation and techniques were used in the analysis and translation of the selected posters, pamphlets and other sources of information. This study will be of immense help since proper communication will lead to proper dissemination of information. It will equally give rise to the formation of new words in the Igbo language in the process of translation. It recommends that other areas of life be studied to aid those who are not at home with the English language.

**Keywords:** Translation, Newmark's theory, Innovations, Information and Language

### 1 Mkpólite

Isiokwu nchöcha a bụ ntüghari dika akürü ngwa di oke mkpa n'ikwalite ahüike na ọrụ ugbo. N'oge gara aga otütü ndị nchöcha lebara anya n'uzo di icheiche a ga-esi ji ntüghari wee gboo mkpa nke mmadụ. Iji ma atụ mbọ ha gbarala bụ na ime nchöcha maka ntüghari agumagụ di icheiche, ihe ọmụmụ iji ntüghari wee nwée ezi mkparita ụka dika na nzikorita ozi ọhaneze, ibipüta akwükwo ozi na mgbasa ozi n'ikuku(print and electronic media)dgz. Ọnọdụ amaghị agụ maqbụ ede na-eweta nnukwu nsogbu dika Akeredolu-Ale (1993) si kowa. Isiokwu anyị na-elebanye anya na nchöcha a bụ ntüghari dika akürü ngwa di oke mkpa n'ikwalite onodụ ahüike na ọrụ ugbo. N'ime nchöcha iwepüta ka ntüghari ga-esi nye aka ime ka ihe gbasara ahüike na ọrụ ugbo doo anya karịa, anyị ga-ewepüta ebumnobi a site na ime ka a gbasaa ozi metütara ihe ndị a n'asusụ Igbo n'ogogo di icheiche. Nke a ga-enye aka inweta ihe ndị a:

- i) Idi nso nye ndị mmadụ (Proximity to the people): Site na ntüghari, a na-eme ka ozi gbasaa rue ndị mmadụ n'ebe niile. Ndị n'o n'ime ime obodo, ndị na-amaghị agụ maqbụ ede na-enweta ozi nile ka o si metüta ọnọdụ ahüike na ọrụ ugbo nke ọma. Site na nke a, ha na-erita uru n'aka ndị gómentị na ndị obi ọma (Charitable organizations).
- ii) Iza oku (Responsiveness): Site na ntüghari, a na-eme ka aghota ozi asusụ nzimozi nke ọma. N'uzo di otu a, ndị mmadụ na-aza oku a kporo ha oge o bụla. Oge ụfodụ, o na-abụ oku asompi ndị ọrụ ugbo, oku maka ikesa mkpuru akükü, igba ọgwụ mgbochi maka ezi ahüike nakwa oku ndị ozọ di icheiche gbasara ọdị mma ọhaneze.
- iii) Idi mfe n'ije ozi (Simplicity of operation): Ntüghari na-eme ka okwu di mfe na nghota. Otütü okwu di n'asusụ Bekee siri ike ighota bụ nke a na-atüghari ma mee ka ọ di mfe na ighota. Ezi nghota na-eme ka echiche gazie nke ọma n'ihi na ndị amaghị agụ nakwa ede na-esonye n'ihe a na-ekwu maka ya.

N'ihi nke a, ọ di mkpa na-esitere na ntüghari ma mee ka ihe nhiaahụ a bürü nke a gbariri ma webata okwu ndị metütara ahüike na ọrụ ugbo ka ọ ga-esi doo anya. House (2009) mere ka nkowa ntüghari doo anya site na ikwado echiche ndia e weputara. O kowara ntüghari dika ibufe ozi site n'otu asusụ banye n'asusụ ozọ iji mee ka ọrụ ya püta ihe dika o siri di n'akwükwo

nzimozi. Ihe nke a pütara bụ ịsugharị ihe nile e dere ede n'asusụ nzimozi ka ọ banye n'asusụ nnataozi. A ga-eme ka ibufe ozi site n'otu asusụ banye n'asusụ ọzọ dí ire site n'iweputa ozi dí n'akwukwọ nzisa ozi na mkpanaka dí n'asusụ Bekee ma mee ka atugharia ya banye n'asusụ Igbo. N'uzo dí otu a, a ga-eme ka onye ọbụla ghota ma sonye n'ozi ọbụla.

Isiokwu nchocha a bụ ntughari díka akụrụ ngwa dí oke mkpa n'ikwalite ahụike na ọru ugbo. Anyi ga-eleba anya n'okwu ndị ahụ metutara ahụike na ọru ugbo díka ha siri dí n'asusụ Bekee ma tugharia ha n'asusụ Igbo.

## 2. Mbunuche nchocha

Iji mejuputa ihe e zubere ime na nchocha a, mbunuche nchocha ndia ga-enyere ndị nchocha aka imezu ebumnobi ha n'orụ nchocha. Ha gunyere:

- i. Ikowaputa mpütara ahụike na ọru ugbo
- ii. Iweputa okwu metutara ahụike na ọru ugbo dí n'asusụ Bekee ma tugharia ya n'asusụ Igbo.
- iii. I gosiputa uru ntughari bara na ndu mmadu díka o siri metuta ọnodụ ahụike na ọru ugbo.

## 3. Ntulegharị agumagu

Ntughari so n'out ihe bụ isi sekpu ntí na ndu nakwa mmekorịta mmadu na ibe ya. Ntughari na-enye aka igbari ozi ọbụla site n'asusụ nzimozi banye n'asusụ nnataozi ka ndị o metutara nwee ike ịmata ihe ozi ahụ bụ. Agba nke a ga-eleba anya n'iweputa ihe odee dí icheiche derela banyere isiokwu. Ajunwa(2014) kowara ntughari díka iwere ozi nke asusụ nzimozi tugharia n'asusụ nnataozi ma jiri asusụ nke ziri ezi bụ nke a nabatara n'asusụ nnataozi wee mee nke a. Newmark (2001) hütara ntughari díka ihe omume nke gbasara idegharị ozi e dere n'asusụ nzimozi banye n'asusụ nnataozi. N'inye nkowa gaa n'ihu , odee ama ama bụ Nwadike(1997:2) kowara na,

“ Ntughari bụ ibufe mpütara ihe niile dí n'ederede  
Site n'otu asusụ gaa n'asusụ ọzọ ma gbakwaa mbo  
hụ na omenala akwukwọ nzimozi na nke nnataozi  
bụ ihe dabara adaba n'isiokwu”.

Odee a bụ Nwadike metutara aka n'omenala iji mee ka amata na omenala ndị ọbụla dí mkpa mgbe a na-eme ntughari banye n'asusụ ha. Mkpa omenala dí na ntughari mere Munday (2001) jiri kwuo na ntughari gunyere isite n'otu omenala banye n'omenala ọzọ. Ihe omenala pütara ebe a bụ asusụ, nka, echiche na nkwenye pütara ihe n'ime akwukwọ a na-atughari. Ntughari pütara inochite okwu dí n'asusụ nzimozi site na itinye okwu ya na ya bụ otu n'asusụ nnataozi ma mekwaa ka nghota ha bürü otu. Ọ bükwa isi n'otu asusụ tugharia maqbụ sugharia okwu n'asusụ ọzọ. Nke a pütara na ntughari na-agbaso asusụ abụ. Asusụ nke mbụ bụ nke e ji deputa ya ka a na-akpọ asusụ nzimozi ma nke abụ bụ asusụ a ga-atughari maqbụ sugharia ka a na-akpọ asusụ nnataozi. Tupu a kpọq ihe e dere ede ntughari , ọ ga-agbaso isi n'otu asusụ wee gaa na'asusụ nke ọzọ.

E nwere ụdị ntughari dí icheiche. Jacobson (2000) weputara ụdị ntughari ato. Ha bụ ndị a:

- a. **Ntughari n'ime asusụ (intralingual translation):** Ntughari n'ime asusụ bụ ụdị ntughari nke a na-atughari ozi n'ime olu asusụ dí icheiche nke otu asusụ . Imaatu ime ntughari site n'Igbo izugbe gaa n'olu ndị Agulu, Okigwe, Mbaise dgz.

b. **Ntughari site n'otu asusụ gaa n'asusụ ozọ (interlingual translation):** Nke a bụ ntughari site n'otu asusụ baa n'asusụ ozọ. O bụ ụdị ntughari na-adị n'etiti asusụ abụo. O bụkwa usoro ibufe ozi nke edere ede site n'otu asusụ gafee n'asusụ ozọ. Imaatụ, site n'asusụ Igbo gaa n'asusụ Bekee maqbụ site n'asusụ Bekee gaa n'asusụ mba ụwa ndị ozọ. Jackobson kporo nke a 'ntughari kpomkwem'.

ch. **Ntughari ihe e gosipütara n'akara gaa na nke e dere ede (intersemiotic translation):** Ntughari ihe e gosipütara n'akara baa na nke e dere ede maqbụ si na nke e dere ede baa n'akara bụ ụdị ntughari nke a na-atughari maqbụ akowaputa akara eserese ka ọ bürüzie ihe e dere ede. Imaatụ bụ akara ngosi nke ndị ogbi ji ezikorita ozi (deaf and dumb communication), Iduazi maqbụ ejije e mere ka a na-ekiri n'onyoonyoo,dgz.

Ntughari dị oke mkpa dika o si metueta ọnodu ahụike. Steff (2018) mere ka anyị mata na ndị ntughari na ntapị (translators and interpreters) na-enye aka ihụ na enwere mgbasa ozi zuru oke nke na-eme ka ndị mmadụ nweta ihe bụ oke ha dika o si metueta ahụ ike, inweta ọgwụ na irite uru enyemaka sitere n'aka ndị goomenti.

Benima (2006) kowara ntughari ahụike dika usoro e ji atughari okwu gbasatara ọnodu ahụ ike dị icheiche. Ntughari dika o si metueta ọnodu ahụike gunyere inye ezi nchekwaba ahụike (good health care), inye ọgwụ (pharmaceutics), ọnodu echiche (psychiatry), nri idozi ahụ na nkwadobe nri(food nutrition and diabetics)dgz.

Alpi (2018) kowakwara mkpa ntughari dị n'inye ezi ahụike. Okwu na e nwere mkpa ezi ntughari n'ihi na otutu mmadụ sitere na-agburu (race), mpaghara (region), asusụ (language) dị icheiche wee püta. Nke a mere ntughari ji dị oke mkpa maka mkparita ụka na nzikorita ozi n'etiti asusụ na omenala dị icheiche. Ndị dokinta nakwa ndị noqosu kwesiri inwe onye ma ntughari nke oma ga-enyere ha aka n'orụ ileta ndị orịa.

Ntughari n'akukụ nke ozọ dikwa mkpa n'orụ ugbo. O na-enye aka ime ka ozi sitere n'aka ndị goomenti nakwa ndị ozọ ruo ndị orụ ugbo nti. Orụ ugbo (agriculture) nwere ngalaba dị icheiche dika Iwena (2018) mere ka anyị mata. O bụ n'okwu Latin abụo ka aha a siri püta. Okwu nke mbụ bụ 'agar' nke pütarị obosara ala. Ozọ bụ 'cultura' nke pütarị ikọ orụ. Okwu abụo ndia pütarị ikọ orụ n'ala. Na nkenke Iwena kwuru na orụ ugbo pütarị usoro ikụ mkpuru na ikpa anumanyị maka ọdi mma nke mmadụ. O gunyekwara ire ihe ndia n'ahia iji mee ka o rue ndị ozọ aka. O bụ oge e mere nke a ka orụ ugbo bijara n'ozuzu oke. Ntughari dị mkpa nke ukwuu n'orụ ugbo n'ihi na ihe ndị gbasatara ya na-eme ka ometueta otutu mmadụ ndị si n'asusụ dị icheiche püta.

E nwere ndị ntughari a zuru nke oma maka itughari ihe ụfodụ gbasara orụ ugbo. Ụfodụ na-eme ntughari gbasara ikụ fülawa maqbụ okooko, ikpa anumanyị, izu azu dgz.

Site na ntuleghari agumagu a, anyị chopütara na ntughari bara uru nke ukwuu dika o si metueta ọnodu ahụike nke mmadụ na orụ ugbo. O gbadoro ükwu n'iwepüta mkpuru okwu ahụike na orụ ugbo n'asusụ Bekee ma mee ka nghoṭa ya banye n'asusụ Igbo site na orụ ntughari.

#### 4. Atutu nchöcha

N'ime ka orụ nchöcha a gbasie mgborogwu ike, anyị gbasoro atutu ntughari nke Newmark (2001) nakwa usoro ntughari ya. Iji gbanaria nsogbu a na-enweta n'ime ntughari, Newmark wepütara ụdị ntughari abụo. Ha bụ ntughari kechiche na ntughari kenzimozi

(semantic and communicative translation). Üdị ntugharị abụọ ndị a na-enye aka iħu na e weputara ozi dị n'asusụ nzimozi ma gbaa mbo mee ka agwara niile dī na ya pütä ihe n'asusụ nnataozi. Atụtụ a na-enye aka inweta ezi ntugharị n'ihi na ọ na-eme ka agbanaria mfū ozi, ajo ntugharị na nghotahie asusụ nzimozi nye ndị ogụ. Site n'igbaso atụtụ a maka ime nchöcha a, ọ ga-eme ka ebumnobi ntugharị ahụike na ɔrụ ugbo bürü nke e mezuru.

Newmark (2001) weputakwara usoro a na-agbaso mgbe a na-eme ntugharị. Usoro ndia gunyere:

Ntugharị okwu nye okwu	(word for word translation)
Ntugharị nsoro n'elu	(calque/loan translation)
Ntugharị mbumotu	(faithful translation)
Ntugharị amumechiche	(semantic translation)
Ntugharị ndaba	(literal translation/equivalence)
Ntugharị nkiti	(free translation)
Ntugharị akpalaokwu	(idiomatic translation) nakwa
Ntugharị nzimozi	(communicative translation)

Ọ bụ atụtụ na usoro ntugharị ndị a sitere n'aka Peter Newmark ka e jiri mee ntugharị a ka o webata ezi echiche site n'asusụ nzimozi nke bụ asusụ Bekee banye n'asusụ nnataozi nke bụ asusụ Igbo.

## **5. Usoro nchöcha**

Nchöcha a dabara n'usoro kwolitetiv. Üdị usoro a na-agbado ükwu na-iwekota data e dere n'akwukwọ maqbụ okwu e kwuru ekwu. N'üdị usoro a, mgbakọ maqbụ mwepụ adighị ya. A ḥoqo ozi sitere n'akwukwọ nzisa ozi, akwukwọ mkpanaka, intanet nakwa ihe odide ndị ọzọ wee mee ntugharị nke nchöcha a. A tugharirị okwu ndị a site n'asusụ Bekee banye n'asusụ Igbo.

## **6. Ngosi na nnyocha data**

N'ebé a, anyị ga-egosiputa ma nyochaa data ndị anyị jiri rụ ɔrụ na nchöcha a. Anyị ga-eme nke a site na ichikoba ma hazie okwu ndị metütara ahụike na ɔrụ ugbo. Dịka n'önodu ahụike, anyị weputara okwu ndị metütara ụmụ nwaanyị na ịmụ nwa (maternal and child birth) nakwa nri na ihe ọ na-enye (food and nutrition). Gbasara ɔrụ ugbo, anyị weputara okwu ndị metütara ikọ ɔrụ (farming) na ikpa anumanụ (animal husbandry). Gbasatara nke ọbula, anyị weputara mkpuruokwu iri maka iji mee ntugharị ma were tebulu deputa ha. Lee ngosiputa ha ka o si dị:

### **Tebulu nke mbụ --Okwu metütara ụmụ nwaanyị na ịmụ nwa (maternal and child birth)**

Number /Ọnụ ogụgu	Word (English)	Meaning	Mkpuruokwu (Igbo)	Nkowa/Mputara

1	Antenatal	A term that means before birth	Ntinetalụ	Mkpurụokwu pütara tupu a múa nwa
2	Breastfeeding	The act of feeding the child with the mother's breast milk.	Inye mmiri ara	Usoro iji mmiri ara nne wee zuo nwa.
3	Child bearing	The process of giving birth to a child.	Imụ nwa	Usoro gbasatara ịmụputa nwa.
4	Fetus	An unborn baby in the last stage of development	Nwa ruola ọmụmụ	Nwa ruola ọmụmụ ma ọ ka nō n'akpa nwa
5	Infant	A very young child that is not more than one year.	Obere nwa maqbụ nwata nta	Obere nwa nke nō n'agbata ọmụmụ na otu aro.
6	Oxytocin	Hormone that stimulates the contraction of the uterus and ejection of milk.	Ọzitösịn	Homonu na-eme ka akpa nwa chikqo ọnụ oge a müşri nwa, ma mekwaa ka mmiri ara gbaa nke ọma.
7	Parturition	The process of giving birth.	Imụ nwa	Usoro ịmụputa nwa
8	Postpartum	A happening immediately after birth.	Ka a mucharara nwa	Ihe na-eme ozigbo a müşri nwa.
9	Pregnancy	The priod from conception to birth	Afọ ime	Nke a bụ oge site na mgbe nwaanyị dị ime wee ruo ọmụmụ nwa.
10	Vaginal birth	The process of giving birth to a child through the vagina.	Imụputa nwa	Usoro ịmụputa nwa site n'ahụ nwaanyị.
11	Abortion	The termination or end of pregnancy.	Imebi maqbụ ike ime	Imebi maqbụ ikwusi afọ ime
12	Amniotic fluid	The fluid that surrounds a baby in the uterus.	Ọdọ mmiri akpa nwa	Mmiri na-ekpuchite nwa n'akpa nwa.
13	Amniocentesis	A test performed to determine chromosomal genetic disorder and certain birth defects.	Ule nnyocha nwa	Ule ịchoputa ihe ndị adighị ka o si kwesi na ọrusị ụfodụ so ọmụmụ.
14	Breech Birth	An abnormal delivery presentation in which the baby's feet,knee or buttocks come into the birth canal first,before the baby's head	Ọmụmụ mgbachị	Ọmụmụ mgbachị nke ükwu, ikpere maqbụ ike nwa bu ụzọ apụta tupu isi nwa.
15	EDD	Expected due date	Uboghị a na-ele anya	Uboghị a gwara nwanyị na o nwere ike imụ nwa.
16	LMP	Last menstrual period	Nsø ikpeazu	Nsø ikpeazu tupu afọ ime.
17	Macrosomia	A condition in which the baby is considerably larger than normal	Oke ibu nwa	Qnödụ nke nwa buru ibu karịa
18	Placenta	An organ shaped like a flat cake ,that only grows during pregnancy and provides a metabolic interchange between the fetus and mother ( The fetus takes in oxygen,food and other substances and eliminates carbon dioxide and other wastes)	Nsò nwa	Akụkụ ahụ basa basa nke naeto oge afọ ime ma na-enye ezi mmekorịta n'etiti nne na nwa. (Nwa ebu n'afọ na-eku ume, eri nri ma werekwa ihe ndị ọzọ dị mkpa ebe ọ na-ewepu ndị ahụ ya achoghi)

19	Preclampsia	A condition characterized by pregnancy-related high blood pressure, protein in the urine, and swelling (edema) due to fluid retention.	Nzá ụkwụ	Ọnọdụ afọ ime nke ọbara mgbali elu, nsogbu mamiri na ụkwụ ịza aza n'ihi ndokọ mmiri.
20	Trimester	This is the division of a pregnancy into phases which is about three months each.	Nkeji ato	Nke a bụ nkeji ke afọ ime n'onwa ato, onwa ato.

### **Tebulu nke abụo---Okwu metutara nri na ihe ọ na-enye(food and nutrition)**

Number/ Onu ogugu	Word(English)	Meaning	Mkpuruokwu (Igbo)	Nkowa/Mpụtara
1	Calorie	This is used by nutritionist to characterize the energy producing potentials in food.	Ike nri	Ndị na-ahụ maka nri na-edozi ahụ ji nke a achoputa ekpom ọkụ dị na nri iji mata ike ole nri ahụ nwere.
2	Diet	A prescribed selection of food.	Nri e mere nhoputa	Nri a hoputara iche iri maka ezi ahuike.
3	Digestion	The organic process by which food is converted into substances that can be absorbed in the body.	Igwe nri	Usoro igwepia nri n'afọ ka ahụ mmadu wee nabata ya.
4	Fastfood	An inexpensive food that is prepared and served quickly.	Nri chere were	Nri na-adighị oke ọnụ ahia nke a na-akwdoe ma na-ekesa ngwangwa.
5	Food	Any substance that can be metabolized by an animal to give energy and build tissue	Nri	Ihe ọbụla nke nwere ike ịbanye n'ahụ mmadu, inye ya ike ma dozie ahụ.
6	Genetics	The branch of Biology that studies heredity and variation in organization in organisms.	Amumamụ agbọ	Ngalaba ihe ọmụmụ na-amụ maka ağburụ na ndị iche n'ihe dị ndụ e kere eke.
7	Malnutrition	A state of poor nutrition	Uko ezi nri	Onodụ erighi ezi nri
8	Nourishment	A source of material to nourish the body.	Idozi ahụ	Ihoputa nri iji dozie ahụ.
9	Obesity	More than average fatness	Oke ibu	Ibu ọriịa/ ibu nke karịri akarị
10	Salt	A white crystalline form of especially sodium chloride used to season and preserve food.	Nnu	Nzu ọcha nke e ji eme ka nri tọq ụtọ ma nwekwa ezi nchekwaba.
11	Additives	Substances added to improve flavor, colour, and texture or to preserve foods to help extend the shelf life.	Ngwa nri	Ihe ndi a na-etinye iji welite ukpo, ochicha na ụdịdị nri maqbụ ichekwaba nri ka ọditee aka.

12	Bioavailability	This is the ease at which a substance can be absorbed from the digestive tract and into the blood system. The higher the bioavailability, the greater the absorption.	Nnabata nri	Nke a bụ mfe ọ díjiri nri ìnabata n'elili ngwe nri nakwa ọgwa Ọbara. Ka ogogo nnabata si dí elu bụ ka ịbanye n'ahụ ga-esi dí.
13	Bran	The outer layer of a grain. It is a good source of fibre, vitamins and minerals	Àjálá	Mpụta mkpuru nri díka ọka, agwa dgz. O bụ ezi ụzọ e si enweta fajba, ihe na-enye ike na ihe na-edozi ahụ.
14	Calcium	This is present in food. We need calcium for strong bones and teeth. Calcium is found in diary products, fortified soy drinks, greenleafy vegetables, nuts and seeds.	Nkwudo ọkpukpu	A na-enweta nke a na nri. Ahụ anyị chọro yam aka ọkpukpu isi ike na eze. A na-enweta nkwudo ọkpukpu site na mmiri ara ehi, ihe ọnụnụ soya, akwukwọ nri, mkpuru otiتا na mkpuru akukwu.
15	Energy	Energy is the fuel we receive from food to function and be active. Energy requirements vary on your age, body size and physical activities	Ike	Ike bụ mmamụ ọkụ anyị na-enweta site na nri maka ịrusi ọru ike na ikwudusike. Ike ahụ anyị chọro na-adabere n'afọ onye di, ka ahụ onye ha na ihe onye na-aru.
16	Enzyme	This is substance that speed up chemical reactions. For example, in our body some enzymes help breakdown the food we eat and release energy.	Enzaim	Nke a bụ ihe na-akwalite ọru n'ahụ mmadu. Iji maatu, o bụ ya na-enye aka igwe nri na ime ka e nwee ike.
17	Flavours	They substance added to processed food to enhance the taste.	Okpo oñe	Nke a bụ ihe a na-etinye na nri iji mee ka ọ tọọ ụtọ karja.
18	Goitre	This is the enlargement of thyroid gland due to iodine deficiency or malnutrition of the thyroid gland.	Orịa akpiri	Nke a bụ akpiri iza n'ihi enweghi ozuzu oke ayodin maobụ akpiri eriteghi ihe kwasiri.
19	Macro nutrients	These are the key nutrients in the diet that provide us with energy. They are carbohydrates, protein and fats.	Ndozi ahụ karisia	Ndị a bụ isi sekpu ntí na nri nke na-enye anyị ike. Ha bụ nri ike, nri ndozi ahụ na nri nwere abụa.
20	Milligrams	Milligrams(mg) are a unit of measurement. Often used in nutritional values for nutrients such as calcium and iron.	Nsì nri	Nke a bụ nsì e ji ama ihe nri na-enye. A na-ejikari ya ba nri díka kalsum na ayọnụ

Ugbu a ka anyị weputa ntugharị díka o si metuta ọru ugbo. O ga-adị na tebulu abụo. Tebulu nke mbụ bụ ntugharị ka o si metuta ikọ ọru ugbo (farming). Ebe tebulu nke abụo ga-abụ ntugharị okwu ndị metutara ikpa anumanyu. Lee ntugharị ha n'ebe a:

**Tebulu nke mbụ--Ntugharị okwu metutara ikọ ọru ugbo ( Farming and cultivation)**

Number/ Ọnụ ogugu	Word (English)	Meaning	Mkpurụokwu (Igbo)	Nkowa/Mputara
1	Annual plant	A plant that completes its life cycle in one year.	Osisi ome n'afọ	Osisi na-etozu ma mịa mkpuru n'otu arọ.
2	Arboriculture	The tending of and caring for trees.	Ikpa osisi	Ileta na izulite osisi
3	Cultivation	Production of food by preparing the land to grow crops.	Ikọ ọru	Imepụta nri site na ịkwadobe ala ka ọmipụta mkpuru.
4	Garden	A plot of land where herbs, fruits, flowers, or vegetables are cultivated	Ubi akwukwọ nri	Ala ebe a koro mkpa akwukwọ, mkpuru osisi, okooko maqbụ akwukwọ nri.
5	Fadamas	Flooded plains suitable for the growth of swamp rice.	Mgboko/odọ mmiri	Mgboko/odommiri dị mma ikọ osikapa.
6	Insecticide	A chemical used to kill insects	Ogwu ahuhu	Ogwu kemikal e ji egbu ahuhu.
7	Irrigation	Supply into dry land with water by means of ditches, etc.	Mgba mmiri	Isi n'owá agba mmiri n'ala kpọro.
8	Manure	Any animal or plant material used to fertilize land.	Nri ala	Iji nsị anumanyu maqbụ ahijia wee zụ ala ubi.
9	Plantation	An estate where cash crops are grown on a large scale.	Ubi osisi ego	Obosara ala ebe a koro osisi na-enye ego.
10	Tractor	An expensive multipurpose farm motor vehicle used for lifting or pulling farm implements.	Igwe ọru	Ngwa igwe dị oke onu ahija e ji eboli maqbụ adolite ngwa ọru ndị ozọ.
11	Herbicide	A substance used to eliminate weed in the farm.	Ogwu ahijia	Nke a bụ ogwu e ji egbu ahijia n'ugbo.
12	Extension agency	An outreach arm of an agricultural university which provides educational programs on farming and does outreach.	Mgbasa ozi ọru ugbo	Ngalaba ọkuko ọru na ọkpukpa anụ nke Mahadum ndị na-enye nkuzi maka nke a mana agbasa ozi.
13	Erosion	To wear away top soil by water or wind and can be caused by intensive farming and over grazing.	Mbuze	Nachapụ nke ala site na mmiri maqbụ ikuku. Ihe nwere ike ikpata ya bụ oke ikụ ọru na ikpa anumanyu.
14	Grange	An organization of farmers that provide support and plans social function.	Otu ọganihu ndị ọru ugbo	Otu ndị ọru ugbo nke na-enye nkwado ma na-akwado ihe mmemme.
15	Photosynthesis	This is the process by which green plants use light energy from the sun to provide sugar from water and the air.	Osisi inwete nri	Nke a bụ usoro akwukwọ ndị ji enweta ike site n'anwụ wee nweta nri ha ji eto.

16	Rotation	The changing of the specific fields used for one crop year to year.	Mbughari/ İtugharı	Nke a bụ ițugharı ala akom ọru site n'afø gaa n'afø.
17	Weed	Any unwanted plant, especially those that crowd out more desirable plants.	Ahjhia	Ahjhia a choghị n'ubi karichaa nke na-emekpa ndị a chọro ahụ.
18	Thresh	To beat out a grain or seed from a stalk by treading, rubbing or striking with a flail, or with a machine.	Nkucha/Nticha	Itichaputa mkpuru n'ogbe ya site na ichikota ọnụ maqbụ ijì nticha maqbụ ngwa igwe ome ngwangwa.
19	Plough	To work the soil by turning over the top layer, the machine used to turn the top layer of the soil.	Ikoro ọru	Ikori elu ala, igwe ome ngwangwa e ji akori elu ala.
20	Cash crop	Crops a farmer sells for money.	Oisisi omete ego	Mkpuru osisi nke onye ọru ugbo na-ere were enweta ego.

#### **Tebulu nke abuо--Okwu metutara ikpa anumanyu (Animal husbandry)**

Number/ Ọnu ọgugu	Word (English)	Meaning	Mkpurukwu(Igbo)	Nkowa/Mputara
1	Animal husbandry	The act of breeding and caring for farm animals	Ikpa anumanyu	Usoro ịmu na ịzulite ụmụ anumanyu.
2	Bee keeping	The cultivation of bees on a commercial scale for the production of honey.	Ikpa aňu	Ikpa aňu n'ogogo dì elu maka inweta mmanu aňu.
3	Cow house	A barn for cows.	Oba ehi	Oba ebe a na-edosa efi
4	Diary	The process of extracting milk from cow.	Imita mmiri ara ehi	Usoro e ji amiputa mmiri ara ehi.
5	Farm animals	Any animals kept for use or profit.	Anu ụlo	Anumanyu ọbụla edobere maka iji mee ihe maqbụ kpata ego.
6	Inseminate	The act of introducing semen into a female animal.	Itinye mmiri ọmụmụ	Igbanye mmiri ọmụmụ sitere n'oke anumanyu n'arụ nwunye anumanyu
7	Pasture	Bulky foodlike grass or hay for grazing horses or cattle.	Ahjhia nri	Ebe ahjhia nri juputara maka anyinya maqbụ efi ita ya.
8	Mutton	Meat from a mature domestic sheep	Anu ebule	Anu sitere na ebule kara aka.
9	Ranchor	A farm consisting of a large tract of land along with facilities needed to raise livestock (especially cattle).	Ulọ anu	Ulọ anu pürü iche maka izu ụmụ anumanyu (Okachasị ehi)
10	Veterinarian	One who diagnoses and treats diseases and injuries of animals.	Dokita anumanyu	Dokita na-elekota ma na-agwọ ọria ụmụ anumanyu.
11	Breed	To produce offspring by giving birth or hatching	Imuba nwa	Mmuba ndị obere site na ịmu nwa maqbụ ibụ akwa.

12	Bull	A sexually mature male cattle	Oke ehi tozuru etozu	Oke ehi tozuru etozu isi nne ehi
13	Domesticate	To tame and breed for human use	Ikpa anu n'ulø	Ikpa anu na ime ka ọmụbaa n'ulø maka ibara mmadu uru.
14	Feed	A mixture or preparation used for feeding livestock	Nri anumanyu	Ihe e wekötara maqbü a kwadobere maka izu umu anumanyu
15	Hybrid	An offspring of two animals or plants that are of different breeds, varieties or species.	Okacha mmuba	Ihe a muputara site na iwekota anumanyu maqbü osisi di icheiche onu.
16	Livestock	Any animal raised in the farm	Anu ulø	Anumanyu ọbula e si n'ebi a na-akpa ya zuputa.
17	Offal	The inedible parts of a butchered animal removed in dressing it.	Ebe adighi eri eri	Nke a bu akukwu anu e gburu egbu nke adighi eri eri.
18	Shear	The act of cutting hair or wool	Mkpuchcha	Nke a bu usoro ikpuchcha ajii anu maqbü iwepu nku
19	Slaughter house	A place where animals marketed for meat are killed humanly	Ulø ogbugbu anu	Ulø ebe a na-egbu anu a na-ele ele.
20	Species	A group of living things that share common biological characteristics.	Otu ụdi anu	Otu ụdi anumanyu na-ekokerita otu akparam agwa.

## 7. Uru ntughari bara na ndu mmadu dika o si metuta ahuike na ọru ugbo

Site n'orụ nchocha a, anyị choputara na ntughari bara ọtụtụ uru nye mmadu dika o si metuta ahuike na ọru ugbo. Uru ndị a gụnyere:

- Ntughari e mere na nchocha a ga-enye aka ikwalite asus Igbo site na ime ka e nwee mkpuruokwu ohụrụ.
- Ọ na-enye aka ijụ na ozi gbasara ruo ebe niile.
- Ọ na-enye aka ijụ na mmadu ọbula ritere uru n'aka ndị goomenti nakwa ndị otu obiomma di icheiche.
- Site na ụdi ntughari a, a ga-enweta udo n'etiti mba na mba nakwa mmadu na ibe ya.
- Ntughari a ga-enye aka ikwalite ezi ahuike nakwa azumahia n'etiti obodo na obodo site na ire ihe ọru ugbo.
- Ụdi ntugharia bu uzo mmadu ga-esi kpata ego ma onye ahụ biputa ya dika akwukwọ. Onye ahụ nwekwara ike ịba n'orụ ntughari akwukwọ ọzo.

## 8. Nchikota

Site na nchocha e mere n'isiokwu a bu ntughari dika akurụ ngwa di oke mkpa n'ikwalite ahuike na ọru ugbo, anyị choputara na ntughari di oke mkpa n'onodụ ndia metutara mmadu. Anyị buuru ụzo kowaa ihe banyere isiokwu a ma weputa mbunuche nchocha a. Anyị tuleghariri ihe odee di icheiche dere banyere ntughari, ahuike nakwa ọru ugbo ma weputa atutu a gbasoro. Na nchikota echiche ha bu na ntughari bu iwebata echiche di n'asus nzimozi ma mee ka ọ

bata n'asusụ nnataozi site na igbaso ezi usoro. O bụ atutu Newmark (2001) ka a gbasoro ma werekwa usoro ntugharị ya wee mee ntugharị.

N'ikpeazụ, e weputara uru ntugharị bara na nchocha karisia na e sitere na ya mubaa mkpuruokwu Igbo n'ihi na e nwere mwube mkpuruokwu ọhụrụ dì icheiche. Aro anyị na-atunye bụ ka a gaa n'ihi ma mee ntugharị ihe ndị ọzọ n'asusụ Igbo iji mee ka asusụ Igbo dì elu dika asusụ ndị ọzọ.

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